



【 What is MEGUMEGU Roll for preschool children? 】

“MEGUMEGU Roll” is a kids version of disaster imagination tool “Meguro Roll” invented by Professor Meguro of the University of Tokyo.

“MEGUMEGU Roll for preschool children” is a preparation tool as a first step toward “MEGUMEGU Roll for early elementary school children”.

This tool will have children imagine three types of disasters with easy-to-understand illustrations and learn basic actions to take at the time of disaster through “cute animal mimicry dance”.

The purpose of this tool is to have children acquire disaster imagination skills and take quick actions at the time of disaster.

Children's imagination will
change children's future

Disaster imagination tool invented by Professor Meguro
“MEGUMEGU Roll” for kids

MEGUMEGU Roll

For preschool children



※Feel free to download, printout and utilize.

For guardians and educators How to use MEGUMEGU Roll

- ① Download data and print out.
 - ② Let's sing and dance while watching dance video. We recommend you repeat a few times.
 - ③ Place three sheets of ② on the table and have children hold three sheets of ①.
 - ④ Remember the dance, and have the children place sheet ① on sheet ② to make the right pair.
 - ⑤ Let's listen and dance to the song once again, and make sure the pairs are correct.
 - ⑥ Put some glue on "Space for pasting" of ②, and paste ② and the back of ① together. (⇒Fig 1)
- ※ After working on "MEGUMEGU Roll", make a scroll cover following the instructions of ③ "How to make a scroll cover", put rolled "MEGUMEGU Roll" into the scroll cover and it's complete!

After "MEGUMEGU Roll" training, let's display the scroll cover where you can see and have children mimic the animals from time to time.

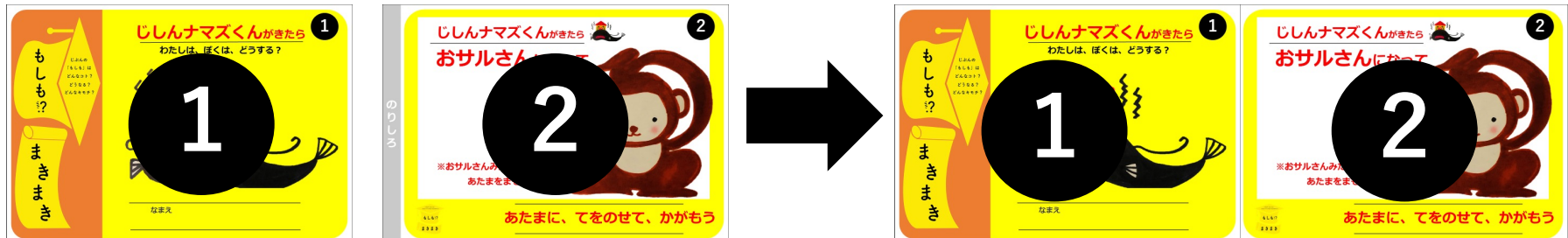


Fig 1

もしも?!

じぶんの
「もしも」は
どんなコト?
どうなる?
どんなキモチ?

まきまき

If an **Earthquake Catfish** comes

1

what should I do?



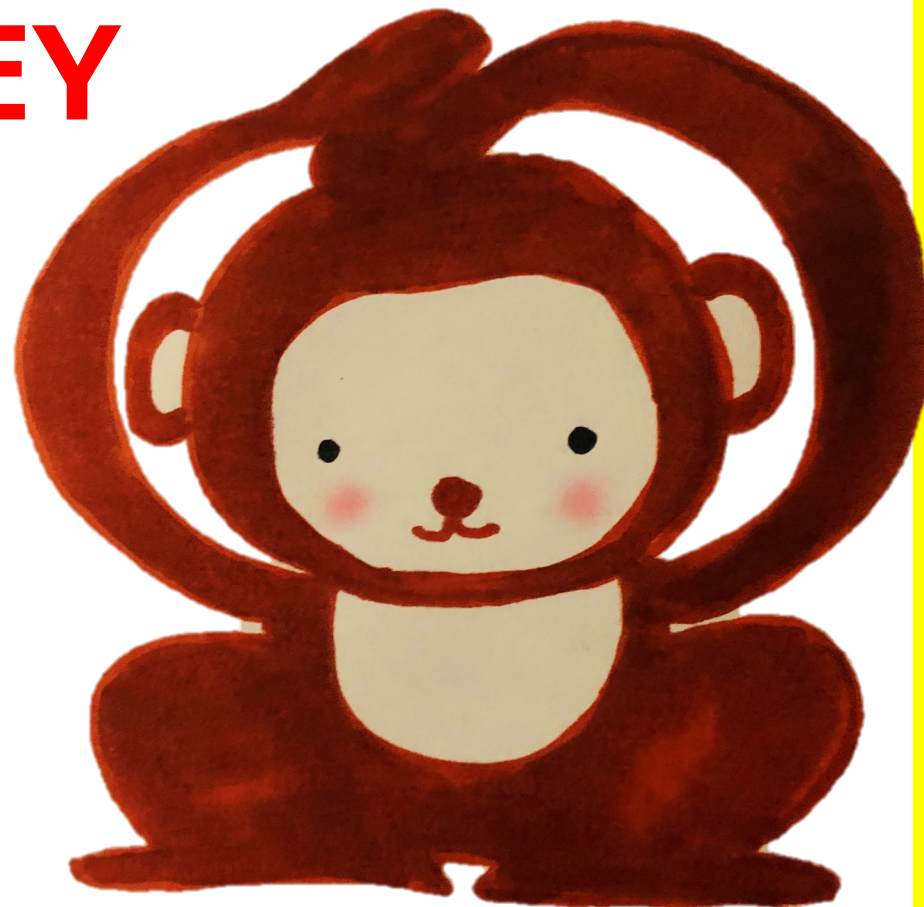
Your Name

If an **Earthquake Catfish** comes



Be a **MONKEY**

※Protect your head
in a monkey's pose



Put your hands on your head
and bend down





もしも?
もしも?
もしも?

じぶんの
「もしも」は
どんなコト?
どうなる?
どんなキモチ?

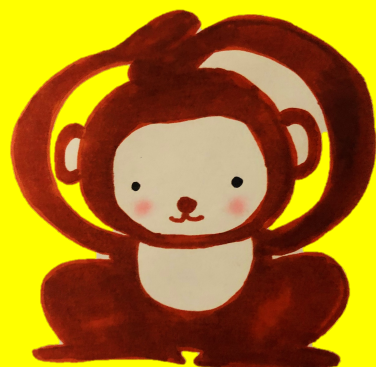
まねまね

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If an
Earthquake Catfish
comes



Be a **MONKEY**



Put your hands
on your head
and bend down

Your Name

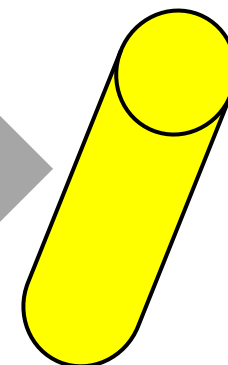
“MEGUMEGU Roll”

How to make a scroll cover

3

1. Cut along this cut here line with scissors.
2. Put some glue on the space for pasting.
3. Then roll the paper as “How to paste 1” below, and paste ① “Space for pasting” and the back of ② together.
4. When the scroll cover is ready, roll the scroll ①② and put it into the scroll cover.

【How to paste1】



When you are done with
“MEGUMEGU Roll”, let’s display the
scroll cover where you can see and
play the animals from time to time.

もしも?
!!?

じぶんの
「もしも」は
どんなコト?
どうなる?
どんなキモチ?

ま
ち
ま
ち

If a **Thunder Demon** comes

1

what should I do?



Your Name

If a Thunder Demon comes



Be a **HEDGEHOG**



※A hedgehog curls up
in a dangerous situation

Bend down and curl up





If a
Thunder Demon
comes



Be a
HEDGEHOG



Bend down
and curl up

Your Name

もしも?
もしも?
もしも?

じぶんの
「もしも」は
どんなコト?
どうなる?
どんなキモチ?

まるまる
まるまる
まるまる

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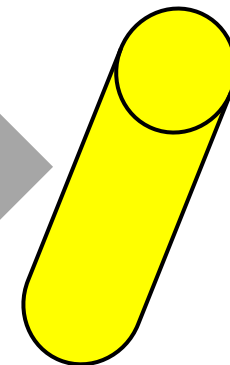
“MEGUMEGU Roll”

How to make a scroll cover

3

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2. Put some glue on the space for pasting.
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4. When the scroll cover is ready, roll the scroll ①② and put it into the scroll cover.

[How to paste1]



When you are done with
“MEGUMEGU Roll”, let's display the
scroll cover where you can see and
play the animals from time to time.

1

If a **TSUNAMI** comes
what should I do?



Your Name

もしも?
!!?

じぶんの
「もしも」は
どんなコト?
どうなる?
どんなキモチ?

ま
る
ま
る

If a **TSUNAMI** comes



Be a **WILD BOAR**



※A wild boar runs very fast without looking right or left



Run up to a high place



もしも?!

じぶんの
「もしも」は
どんなコト?
どうなる?
どんなキモチ?

まきまき

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If a TSUNAMI comes



Be a
WILD BOAR



Run up to a
high place

Your Name

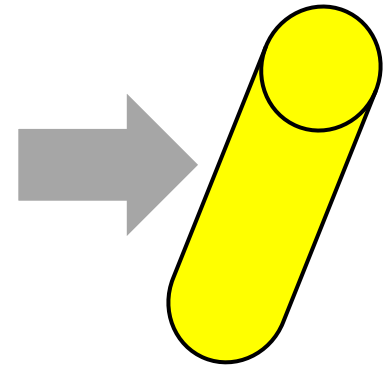
“MEGUMEGU Roll”

How to make a scroll cover

3

1. Cut along this cut here line with scissors.
2. Put some glue on the space for pasting.
3. Then roll the paper as “How to paste 1” below, and paste ① “Space for pasting” and the back of ② together.
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【How to paste 1】



When you are done with
“MEGUMEGU Roll”, let’s display the
scroll cover where you can see and
play the animals from time to time.

MEGUMEGU Roll animal dance

Composer : Sayuri HORISHITA

Lyricist : Midori OGURA

Translator : Terumi ISHII

Piano Motion

はまきまき

Piano Motion

1 3 5

Translator: Terumi ISHII

も し も の まき まき まき まき まき
9 What-if roll roll roll MEGU MEGU

まき まき まき も し も の まき まき まき まき まき
Roll roll roll What-if roll roll roll MEGU MEGU Roll roll roll

13

は じ め る よ も し も まき まき そう そう す る の は も し も の じ ぶ ん お
Let's get started MEGU MEGU Roll Imagine yourself in a what-if story

17

お き た の は じ し ん か み な り つ な み い っ た い な に が お き た
What was it that happened? An Earthquake? A thunder? A Tsunami? What was it? What happened to you?

21 4 25

そ の と き は ど ん な ふ う に じ し ん な ま す き た どう し よ う
At that moment what would you do? Here's an earthquake catfish! What should you do?

29

お さ る さ ん あ た ま に て を あ て て か が も う で き た か な
Let's be a monkey. Put your hands on your head and bend down. Did you make it?

33

か み な り オ ニ さ ん き た ら は り ね ず み マ ネ し よ う
When a thunder demon comes, be a hedgehog! Let's pretend.

37

か み な り キ ゲ ン だ そ ん な と き は ま る ま っ て か が も う
Here comes a thunder, watch out! It's dangerous. Let's bend down and curl up.

41 45

つ な み き た ら どう し よ う い の し し ダ ッ シ ュ し よ う は し ろ う た か い と こ ろ へ と に か が い そ い で に げ よー じ ャー や る ぞ
What should you do if a tsunami comes? Be a wild boar and run! Let's just run to a high place. Just run run higher and run.

49 53

も の マ ネ ! ビ ュ ン ビ ュ ン ひ ャ ひ ャ ひ ャー じ し ん が き た ら お サ ル さ ん
Be the animal! When there is an earthquake, be a monkey!

57

ウ キ ウ キ ウ キ ャ ャ キー ウ キ ウ キ ウ キ ャ ャ キー あ た ま に て を
Ooh-Ooh Aah-Aah Ooh-Ooh-Aah-Aah Ooh-Ooh Aah-Ooh-Aah Put your hands on your head

61

の せ る サ ル て を の せ か が む ン だ か み な り さ ん ゴ
like a monkey. Put your hands on your head ⁶⁵and bend down. When you hear a

ロ ゴ ロ し た な ら ほ り ね ず み で か が も う も し も つ な み
thunder rumbling, be a hedgehog ⁶⁹and curl up! If a tsunami

きた な ら た か い と こ へ は し るー ビュン ビュン ひゅ ひゅん ひゅーん
comes, ⁷³let's just run to a high place.

ビュン ビュン ひゅ ひゅん ひゅーん や ら な く ちゃ や ら な く ちゃ
⁷⁷I've got to do it. Let's do it now.

わ た し も も し ち に で き る こ と ま た や ろ う も し ち まき まき
Things I can do to prepare ⁸¹for what-ifs. MEGU MEGU Roll Let's do this again.

み つ け ら れ る じ ぶ ん の や く た の し ん で か ん が え て や っ て み よ も
Everyone can find their own role. ⁸⁵Have fun, think, imagine, just try.

し も の じ ぶ ん み つ け よ う た の し ん で み ら い を ま も ろ う シュ
Let's find yourself ⁸⁹in a what-if story. Let's enjoy and protect our future

ワッチ シュ ワッチ シュ ワッチ も し も の まき まき まき まき まき まき
⁹³SHWATCH SHWATCH SHWATCH What-if roll roll roll MEGU MEGU Roll roll roll

も し も の まき まき まき まき まき まき まき まき まき まき
What-if roll roll roll MEGU MEGU Roll roll roll ¹⁰¹What-if

まき まき まき まき まき まき まき まき まき まき
roll roll roll MEGU MEGU Roll roll roll What-if ¹⁰⁵C#~F"

まき まき まき まき まき まき
MEGU MEGU Roll roll roll

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